

This is our private practice which also offers stroke rehabilitation. It is now open across the road at Shop 54 Tunstall Square. Go to ramsayhealthplus.com.au or call **03 9916 2402** for more information.





1119 Doncaster Road Donvale VIC 3111 Ph: 03 9841 1400 JR0036464 DRH Stroke Rehabilitation at Donvale Rehabilitation 4pp DL

donvalere habilitation hospital.com.au

People caring for people.

Stroke Rehabilitation

at Donvale Rehabilitation Hospital



Therapy Aim:

Stroke Rehabilitation is a coordinated multi-disciplinary program to help you recover from stroke.

Our program is designed to help you resume an active and fulfilling life. It also aims to reduce your risk of future stroke.

Therapy Structure:

Your program will begin with individualised assessment from relevant team members. Your therapy will then be tailored to your current level of function and activity.

Setting goals is an important part of your rehabilitation. You will set individualised goals with your therapy team.

Part of rehabilitation is stroke education. This may include topics such as stroke prevention, understanding stroke and the recovery process.

Your family and carers are encouraged to be part of the rehabilitation process.

The Donvale Stroke Rehabilitation Team may include:

- · Rehabilitation Physician
- Nurse
- Physiotherapist
- · Exercise Physiologist
- Occupational Therapist
- · Speech Pathologist
- Dietician
- Social Worker
- Pharmacist
- Psychologist

Stroke Rehabilitation Offered through Donvale Rehabilitation

- Inpatient Rehabilitation: During your stay, you will have a therapy program with treatment from a variety of members of the Allied Health team. This commonly follows acute stroke.
- Day Rehabilitation: Multi-disciplinary therapy is available in day rehabilitation. You can be referred directly from home, or following an inpatient rehabilitation stay.

Cost

We have arrangements with most health funds and Department of Veteran's Affairs. This ensures out of pocket expenses are kept to a minimum. You will be informed of any costs before starting a program.

Referrals

You can be referred to either rehabilitation program through a written referral from your local doctor, neurologist, or physician.

Referrals should be addressed to:

Mail: Rehabilitation Physician
Donvale Rehabilitation Hospital
1119 Doncaster Road
Donvale VIC 3111

Fax: 03 9841 1405

Email: outpatient.drh@ramsayhealth.com.au

Please call our Program Coordinator on **03 9841 1490** for further information.