



Donvale Rehabilitation Hospital

Community Education Sessions

Topics that we can present to your community group

- **Exercise:** The New “Wonder Drug”
- **Parkinson’s Disease:** A New Approach to Management
- **Dizziness:** Why Am I Dizzy and What Can I Do About It?
- **Falls:** Strategies to Help You Reduce Your Risk
- **Osteoarthritis and Osteoporosis:** What are the Best Ways to Manage Them?
- **Back Pain:** What is it and What is the Best Way to Manage it?
- **Cancer Care:** Why Exercise Should be Part of your Cancer Journey

Donvale has been providing high quality rehabilitation to inpatients, day patients and private practice patients for more than 25 years. We believe sharing our knowledge is an important part of being engaged with our local community.

We are passionate about educating people on how to maintain a healthy and active lifestyle. With over 300 staff focused solely on rehab – we are experienced at what we do!

Who are the presenters?

We have over 130 allied health and more than 150 nursing staff. Our staff include physiotherapists, occupational therapists, exercise physiologists, speech pathologists, psychologists, dietitians, podiatrists, social workers, registered nurses and enrolled nurses.

Our presenters have particular knowledge and interests, often having completed further studies in these fields.

The fine print

There are no costs. We believe that sharing our knowledge is an important part of being involved in our local community.

We can tailor the presentation content and length to suit your needs. The minimum time would be 15 minutes and the maximum time would be 60 minutes. We are happy to provide any equipment we may need. We will discuss the details with you prior to attending.

For more information, or to book an Education Session, please contact educationmailbox.d@ramsayhealth.com.au

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People caring for people.

donvalerehabilitationhospital.com.au



Donvale
Rehabilitation
Hospital

Part of Ramsay Health Care